

Summer 2015—A publication of CSB/SJU Career Services

Career Buzz

Senior Year is Almost Here!

Senior year can be an exciting time of choices and transitions. Career Services is here to help you develop plans for employment, internships, grad school, and volunteer opportunities — AND to help with things like resumes, cover letters and interviewing tips. Remember: it's not too late to get experience: do an internship or volunteer. Let us help you make the most of your senior year!

Career Services, CSB Center Academic Services Building (320) 363-5707 Summer Hours: 8:30 a.m. – noon; I - 4 p.m.

Career Services, SJU Center Mary Hall 25 (320) 363-3236 Summer Hours:

8:30 a.m. – noon; 1 – 4 p.m.

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Career Services Homepage: http://www.csbsju.edu/career



Teaching Abroad...

Jenna Maus will be teaching English in Malaysia with the Fulbright U.S. Student Program. She completed political science and peace studies majors. She chose to apply for the program after hearing about it from a



friend who was completing the Fulbright Award. She chose Malaysia because she wanted to expand her cross-cultural understanding, particularly her knowledge of Islam, after spending time in the United Arab Emirates during her first year at CSB/SJU. The process started with an application to the committee in the U.S. and then once it was recommended, it was sent to the agency in Malaysia for final review. She says she's most excited to experience the large cultural difference from the United States. She explained, "I have come to realize that I learn the most when I am outside my comfort zone."

Graduate School...

Annie Luke will be furthering her education next year at the University of Minnesota pursuing a PhD in Chemistry. After much deliberation, Annie chose the U of M program because they focus on both academia and research and she is attracted to the strong combination of both aspects. Before applying, she completed two summers of undergraduate research in the field, took the GRE, the CHEM GRE, and spent time applying to each school individually. She explained that the application process for chemistry grad programs is not a centralized application, with each school having it's own in order to



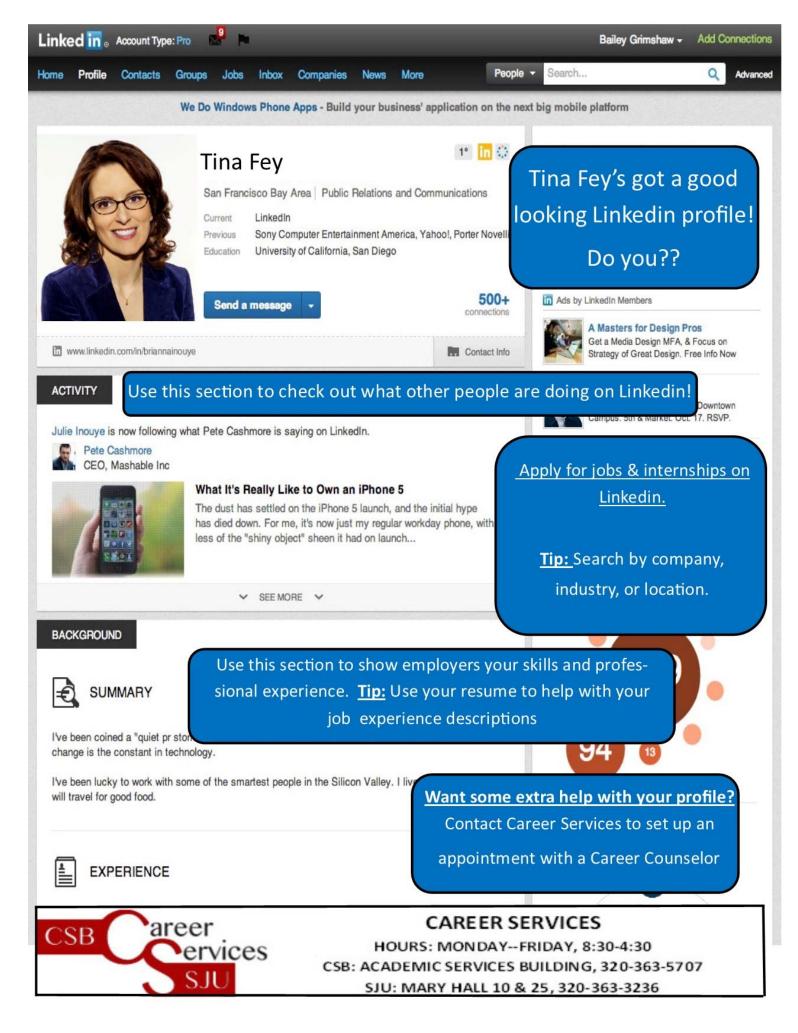
focus on specific information. When asked what she's most excited about Annie said, "It is my dream to become a college professor and so I'm deeply excited to start teaching smaller, undergraduate classes this fall."

Full Time Employment...

Claire Kochevar will be working in Overland Park, Kansas, as a Commodity Merchant Trainee at Cargill. She first connected with them at the MN Private Colleges Job and Internship Fair during her junior year and



secured an internship that eventually turned into a full time job. She really enjoyed the work environment and working in the agriculture business even though she hadn't had any prior experience. When asked what she's excited about for her new job she said, "I am excited to continue talking and learning from farmers who know more about farming than I ever will and I'm also excited to be starting my life after graduation in a new city."



Time to map out your senior year!

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Resume: Update your resume by using samples on our website and get the first critique at the CRC; then make an appointment with a career counselor to review it too.

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Experience: Get involved on campus so that you have experiences to put on your resume and discuss in interviews

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E-Link: Use E-Link to search for jobs, internships, and volunteer opportunities. The E-link portal can be found on the Career Services' website.

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GoinGlobal: For help on national AND international internships & jobs: Go to www.csbsju.edu/career-click on "Students." See link in right-side box for GoinGlobal.

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Connecting with others: Be sure to get ngtor out of your comfort zone and connect BRON with alums and professionals in the fields you're interested in...Just having a casual conversation with contacts can give you direction and open up new opportunities.

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Job/Career Fairs: Keep an eye out for information about Career EXPO in the November and the many other fairs (in person and virtual) offered throughout the year. These are great events to connect with employers and find job and volunteer opportunities. 3.6.9.1 15.23.8 139.159

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CANE: Use the CANE database to identify alums that have the same major or field you're interested in. It's a great way to connect, expand your network and get information. Alums are super excited to help out Bennies and Johnnies!

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Career Girl

http://careergirlnetwork.com

- This awesome website was started by a Bennie!
- It provides tips for getting into a career and networking
- There are articles about leadership and how to dress for success
- Provides information about resumes and how to build a reputation

5 Great Websites for Upcoming Graduates

WAGE GAP

http://www.wageproject.org/

- This website works to educate people about the wage gap that exists
- Figure out how much you are worth before you go into job interviews by using the wage analytics
- Find out how you can make a difference in reducing the wage gap by improving your negotiation skills

The Daily Muse

www.thedailymuse.com

- This website gives career advice about job searching, finding a career path, and talking about management skills
- It has articles giving interesting advice and information, some current articles include:
- 5 Words You Should Never Use to Describe Yourself in an Interview
- 24 LinkedIn Rules you Might be Breaking
- 10 Companies that Take the Entire Team on Vacation

Experience.com

www.experience.com

- A website that deals with entry-level jobs and internships for college students and recent college graduates
- It caters to students with resume and cover letter tips
- Provides upbeat articles to those who are just starting out in the job market

CSB/SJU Career Services' Website

- Be sure to check out our website for awesome resources and come in to chat with us to get resume critiques and other help
- Find internships and jobs on—E-Link
- Read alum profiles about what they've done with their majors after school
- Find samples of resumes and cover letters
- Check out GoinGlobal for information about internship, job, and volunteer opportunities for 40+ US/ Canadian cities and 43+ countries

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Looking into Graduate School?

By Mary Harlander-Locke

The process to decide on a graduate school program involves many of the same procedures you employed while researching and applying for an undergraduate degree. Applications, personally essays, transcripts, recommendations, and graduate exams are typical aspects of a graduate school application process.

General Process for Grad School:

- Research graduate school programs
- Develop timeline to complete admissions requirements by application deadline
- Conduct job shadows in the professional area
- Complete graduate exam
- Create a personal essay and have it critiqued
- Get recommendation letters from the necessary people
- Complete all necessary requirements for application
- Apply for financial aid and fellowships

Most graduate schools require some sort of admission exam. It is recommended that you prepare for these exams. Study guides, practice tests, and prep-classes are useful in helping to cover all necessary material for the exam. Study guides and practice tests can be purchased online or at major bookstores. For those that are interested in a structured class, Kaplan and Princeton Review are two examples of prep-class programs, offering a wide variety of courses. Information about upcoming registration and test dates for some of the exams:

Law School Admission Test (LSAT)

 Testing Dates

 Jun. 8, 2015
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 Oct. 3, 2015
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 Dec. 5, 2015
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 www.lsac.com
 Regular registration fee: \$165

<u>Register by:</u> May 13, 2015 Check website Check website

Medical College Admission Test (MCAT)

The MCAT will launch an updated version of the exam April 2015. Please visit the MCAT website for more information on registration information: www.aamc.org/students/applying/mcat Regular registration fee: \$275

Graduate Record Exam (GRE)

The GRE General Test (computerized) measures verbal reasoning, quantitative reasoning, critical thinking, and analytical writing skills that have been acquired over a long period of time and that are not related to any specific field of study.

Regular registration fee: \$195

- The GRE Subject Tests gauge undergraduate achievement in seven specific fields of study. Check Admission requirements to determine which GRE exams are required. Regular registration fee: \$150
- For general information and registration, go to the ETS homepage: www.ets.org/gre

Graduate Management Admission Test (GMAT)

This exam is a computerized test and is considered an effective predictor of success in business. For more information: www.mba.com Regular registration fee: \$250

For more information on Graduate Admission Exams visit:

 www.csbsju.edu/career/ - click on "Students" then "Graduate School" for info on test centers and exam dates.

Gaining Experience your Senior Year

Volunteer opportunities on or near campus:

- VISTO
- AKS Service Sorority
- Campus Ministries
- Habitat for Humanity
- SJU Arboretum
- Big Brothers Big Sisters
- Kennedy Elementary
 School
- Community Kitchen
- Up Til Dawn

Mark Your Calendar...

Volunteer Fair—is now a part of

Career EXPO

Nov. 4, 2—5 p.m.

Gorecki 204

A great opportunity to talk with organizational

representatives about volunteer programs

Volunteer opportunities off-campus:

- Catholic Charities
- American Red Cross
- Boys and Girls Club
- Kids Against Hunger
- Anna Marie's Alliance
- St. Cloud Hospital
- Central MN Sexual
- Assault Center
- YMCA

Thinking About Volunteering After Graduation?

- Volunteering provides a great opportunity to gain experience in a variety of fields such as human services, development, and teaching while providing service at the same time!
- Some examples of volunteer organizations are: Peace Corps, AmeriCorps, Amate House, Habitat for Humanity, Green Corps, Common Hope, and Jesuit Volunteer Corps.
- Positions generally last 1-2 years and are great experiences for future employment or graduate school.
- Although you may not always be earning money while volunteering, many organization offer stipends and living allowances and you can often defer your student loans (talk to your loan company).

To start your research:

Visit our website at: www.csbsju.edu/career/ Click on "Students," then "Volunteering" for additional information

Volunteering: What to Think About http://www.csbsju.edu/Documents/Career/ Handouts/volunteeringaftergraduation.pdf



